

PO Box 1388
110 Nicholoff Way
Cordova, Alaska 99574
www.eyak-nsn.gov
Ph (907) 424-7738 *Fax (907)424-7739



10,000 years in our Traditional Homeland, Prince William Sound, the Copper River Delta, & the Gulf of Alaska

Hello Parents/Caregivers!

Welcome to **Moms, Pops, & Tots Playgroup 2020/2021**

Our goals for Moms Pops & Tots are:

- To provide a safe and age appropriate play environment for children between the ages of newborn and 4 years.
- To encourage young children's development in all areas with an emphasis on communication and social interaction.
- To help strengthen the bond between parent-child interactions through hands on learning and play.
- To expand play and lengthen the amount of time spent focusing on each activity.
- To provide a way for parents to meet other parents with young children.
- To have fun!

The Parent/Caregivers role is:

- To be involved with the children in play, encouraging healthy development.
- To follow your child's lead through centers and help them with problem solving opportunities.
- To explore developmental issues and build on your child's skills.
- To relax, have fun, and enjoy your children.
- **To take a rotating turn at "hosting" the playgroup.**

The Child's role is:

- To explore, create, communicate, and move.
- To get to know other kids and adults.
- To start to prepare for school readiness.
- To learn, grow, and have fun!

The NVE staff person's role is:

- To provide the setting and structure of Playgroup.
- To plan and provide activities which are developmentally appropriate for young children.
- To listen to parents' ideas, suggestions, and concerns about Playgroup or their children.
- To offer information about early childhood development issues.

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Moms, Pops & Tots Playgroup

Playgroup Discipline Guidelines

Below, we have listed what we call the ‘three R’s’ of managing children’s behavior at playgroup. These are the methods that we ask parents to use when they are with their child/ren at Moms Pops & Tots

Redirect your child’s attention. If Johnny is going to take Lisa’s car, you can say, ‘Lisa is using the car, here is a truck.’ Or, if there are children arguing at the puzzle table, ask ‘Who would like to go the Legos area with me?’ A child can also be given a choice, ‘Do you want to stay and play together or do you want to go to another play area?’

Remove your child from the situation, or from the room, if you are unable to redirect his/her attention. Sometimes children (and adults) need a short time of quiet to calm down and to be able to rejoin the group.

Refrain from physical punishment. Spanking, slapping, shaking, and hitting are never allowed during our playgroup sessions.

Every discipline situation is a learning experience for your child. Children are motivated by a desire for attention and approval from adults and peers. Our goal is to give children long term strategies for becoming independent and responsible adults.



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Title: Moms Pops & Tots Policy for participating families	Page Page 1 of 2
Dept: Tribal Family Services	Number
Affects: Families Registered in Moms Pops & Tots	Last Revised April 21, 2020

Policy: Tribal Families registered in Moms Pops & Tots will follow the Moms Pops & Tots policy as outlined.

Tribal Families Registered in Moms Pops & Tots: Moms Pops & Tots is a 9-month program that occurs throughout the school year and it is designed for caregivers and their children who are between the ages of newborn and four.

Registration Fee: There is no registration fee, but you are welcome to donate yearly to help purchase cleaning supplies and new equipment.

Closures: The only time Moms Pops & Tots will be closed is If there is a school closure and NVE has a holiday on a Monday.

Health & Safety of participants: If Moms Pops & Tots is open and you feel unwell, please stay home. We want to keep all children & caregivers healthy. We ask for you to wait to attend Moms Pops & Tots until your symptoms have cleared for a minimum of 24 hours.

Moms Pops & Tots is strictly and drug & alcohol-free environment.

We are also strictly a nut free playgroup. Further, we ask all parents and caregivers to be mindful of all other allergies, and to be accommodating if another parent/caregiver expresses that their child has an allergy.

Host/Hostess: All registered families will be expected to participate as a host or hostess. This will be expected on a rotating basis with other parent/caregivers. The duties of the host/hostess are to pick up the Masonic key and Moms Pops & Tots folder before arriving to Moms Pops & Tots. In the folder the host/hostess will have access to the sign in sheet, registration packet & extra child development materials.

After picking up the folder the host/hostess must arrive 15 minutes prior to Moms Pops & Tots starting. During these 15 minutes the host/hostess must sweep if necessary and turn up the thermostat to 70 degrees. Next, the host/hostess must set up four stations. These stations are reserved for sensory & pretend play as well as large motor and small motor skills. The host/hostess will fill out what activities were at these stations on the sign in sheet. The toys for these stations will be found in the Masonic storage room. The sign in sheet will be placed on the table near the Masonic hall double doors. A monthly newsletter and extra child development materials will also be placed at this table.

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Title: Moms Pops & Tots Policy for participating families	Page Page 2 of 2
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Once families arrive it is the host/hostess responsibility to greet them and make sure they sign in. If the family is new the host/hostess must give them a registration packet and explain that the registration packet needs to be returned to the Family Program Coordinator. (If the family cannot return the registration packet to the Family Program Coordinator directly, the registration packet can be placed in the back of the Mom's Pops & Tots folder).

At 11:45am the host/hostess will announce it is time to clean up. **Children can bring toys to the storage room door, because it is important that children help clean up but to ensure that all children are safe, adults must be the only ones going into the toy storage room.** After cleaning up, families will be invited to form a circle to sing a goodbye song. Once families leave the host/hostess will sweep and turn down the thermostat to 60 degrees. The host/hostess will make sure all doors are locked before leaving and then return the Moms Pops & Tots folder to the Family Program Coordinator at NVE.

Media Release: During Moms Pops & Tots, the Family Program Coordinator may take pictures of children and caregivers interacting together. Moms Pops & Tots occasionally uses photographs and/or video of patrons in the NVE web and social media sites without further consideration or notification. By participating in the Moms Pops & Tots, you grant permission to use still photographs or video images of you, your child, or your caregiver. You acknowledge Moms Pops & Tots right to crop or treat the personal images at its discretion. You understand that once a personal image is posted on the Internet, the image can be downloaded.

I have read the policy and by signing my name, I agree to follow the Moms Pops & Tots guidelines.

Parent/Guardian signature: _____ **Date:** _____

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Mom Pops & Tots

Pre-season questionnaire

We are trying to learn how to actively engage adults and children together in this program.

To what degree will you actively engage in this program?

1 2 3 4 5 6 7 8 9 10
 Not at all very much

On behalf of your family, please describe what you want this program to offer

Your expectations of this program	Not true for us	describes us
...there will be plenty of activities for us	1 2 3 4 5 6 7 8 9 10	
...we will build positive memories	1 2 3 4 5 6 7 8 9 10	
...we will have fun together	1 2 3 4 5 6 7 8 9 10	
...I will find encouragement to parent positively	1 2 3 4 5 6 7 8 9 10	
...we will meet new friends	1 2 3 4 5 6 7 8 9 10	
...this program will encourage us to play together	1 2 3 4 5 6 7 8 9 10	
...this program will have toys cleaned regularly	1 2 3 4 5 6 7 8 9 10	
...I will help make sure toys are sanitized	1 2 3 4 5 6 7 8 9 10	

Additional Comments:

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Registration 2020/2021 School Year

I have read the NVE Moms, Pops & Tots welcome packet and understand my role and my child(ren)'s role. I will follow the policies and playgroup discipline guidelines.

Parent/Caregivers Name: _____ Date: _____

Phone: _____ Email: _____

Child(ren)'s Name: _____ Age: _____

_____ Age: _____

_____ Age: _____

As Moms, Pops and Tots is a cooperative playgroup sponsored by the Native Village of Eyak. We require all families to sign up to host the playgroup at least once. Hosting consists of arriving 15 minutes early to set up the equipment, greeting the moms, pops, and tots as they arrive, having folks sign in, and cleaning up after playgroup. Please select three dates you are available to host and the NVE staff person will contact you.

<input type="checkbox"/> September 14 th 2020	<input type="checkbox"/> December 14 th 2020	<input type="checkbox"/> March 8 th 2021
<input type="checkbox"/> September 21 st 2020	<input type="checkbox"/> December 21 st 2020	<input type="checkbox"/> March 15 th 2021
<input type="checkbox"/> September 28 th 2020	<input type="checkbox"/> December 28 th 2020	<input type="checkbox"/> March 22 nd 2021
<input type="checkbox"/> October 5 th 2020	<input type="checkbox"/> January 4 th 2021	<input type="checkbox"/> March 29 th 2021
<input type="checkbox"/> October 19 th 2020	<input type="checkbox"/> January 11 th 2021	<input type="checkbox"/> April 5 th 2021
<input type="checkbox"/> October 26 th 2020	<input type="checkbox"/> January 18 th 2021	<input type="checkbox"/> April 12 th 2021
<input type="checkbox"/> November 2 nd 2020	<input type="checkbox"/> January 25 th 2020	<input type="checkbox"/> April 19 th 2021
<input type="checkbox"/> November 9 th , 2020	<input type="checkbox"/> February 1 st 2020	<input type="checkbox"/> April 26 th 2021
<input type="checkbox"/> November 16 th 2020	<input type="checkbox"/> February 8 th 2021	<input type="checkbox"/> May 3 rd 2021
<input type="checkbox"/> November 23 rd , 2020	<input type="checkbox"/> February 15 th 2021	<input type="checkbox"/> May 10 th 2021
<input type="checkbox"/> November 30 th , 2020	<input type="checkbox"/> February 22 nd 2021	<input type="checkbox"/> May 17 th 2021
<input type="checkbox"/> December 7 th 2020	<input type="checkbox"/> March 1 st 2021	<input type="checkbox"/> May 24 th 2021