

# Eyak Echo

ECHOES OF OUR ANCESTORS

Native Village of Eyak | Quarter 3, 2018



## *‘Imam Teggiistai’*

**NVE says thank you with  
tribal flag, raffle and  
newly-adapted Sugpiaq  
word for Coast Guard**

**INSIDE THIS EDITION:**

### **Backpack Bash**

Fifty children, K-12th grade, headed back to school with smiles and new supplies.

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### **Ilanka Cultural Center**

Spruceroot Gathering Class, Eyak River Fish Camp, Culture Week, Ikamut Dancers and more.

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### **Counting Salmon**

Department of Environmental and Natural Resources tracks Copper River Salmon numbers.

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# CHAIRMAN'S REPORT

## Employee List

### TRIBAL COUNCIL

Darrel Olsen	Chairman
Mark Hoover	Vice Chairman
Pam Smith	Secretary-Treasurer
Tom Andersen	Council Member
Jack Hopkins	Council Member

### ILANKA COMMUNITY HEALTH CENTER

Cindy Bradford	Deputy Health Director
Kristel Rush	Physician/Medical Director
Florelyn Adajar	Certified Nursing Assistant
Maina Adams	Community Health Aid Practitioner
Tiffany Beedle	Outreach Enrollment Specialist
MaryCris Cariño	Medical Assistant
Cindy Frohnappel	Office Systems Coordinator
Altana Hamilton	Patient Advocate
Brian Iutzi	Physician
Victoria Peterson	Care Coordinator
Nicole Piche	Registered Nurse
Susan Powell	Behavioral Health Clinician
Berna Quemado	Certified Nursing Assistant/ Patient Services
Matthew Rush	Behavioral Health Clinician
Karin Siebenmorgen	Registered Nurse

### ILANKA CULTURAL CENTER

Brooke Johnson	Cultural Director
Audrey Cunningham	Gift Shop Manager
Jessica Weaver	Youth Activities Coordinator

### NATIVE VILLAGE OF EYAK

Kerin Kramer	Executive Director
Jim Gittleson	Finance Director
Steve Bambakidis	IT Director
Katie Goodale	Tribal Family Services Director
Bert Adams	Tribal Public Works Director
John Whissel	Environmental Director
Sarah Kathrein	Tribal Judicial Systems Administrator
Denna Francischetti	Human Resources Manager
Reyna Newirth	Executive Administrative Assistant/ Office Manager
Laura Blackadar	Staff Accountant
Rebecca Calfina	Administrative Assistant
Belen Cook	Wellbeing Coordinator
Joe Cook	Maintenance
Cheryl Eleshansky	ICWA Coordinator
Celeste Gasmen	Accounting Technician
Jackie Ladd	Elder Services Coordinator
Sean O'Brien	Tribal Public Works Project Manager
James Paley	Environmental & Natural Resources Engineer
Ivy Patton	Environmental Coordinator
Clark Pearson	Environmental Remediation Coordinator
Andy Pfeiffer	IT Coordinator
Matt Piche	Natural Resources Coordinator
Lennette Ronnegard	Enrollment Clerk
Kaaren Rowland	Senior Accountant

### TRIBAL ENTERPRISES

Brent Rowland	Tribal Enterprises General Manager
Scott Aiken	Boat Captain/Maintenance
Bob Ladd	Prince William Marina Manager
Brittany Whitely	Eyak Inn Manager

### THE CORDOVA TIMES

Annette Potter	Managing Editor
Vivian Kennedy	Administrative Assistant
Emily Messner	Staff Reporter/Photographer



All photos by Emily Mesner/The Cordova Times  
Tribal Council Chairman Darrel Olsen presents Lt. Cmdr Collin Bronson, commander of the Sycamore, with a Native Village of Eyak flag.

I'm pleased we are sending out quarterly newsletters and look forward to updating our tribal members quarterly. Native Village of Eyak has been busy this summer. Council met with First Alaskans Institute for board training. This went very well. Liz Medicine Crow and Andrea Sanders are great facilitators.

NVE hosted its fourth annual U.S. Coast Guard appreciation lunch and we gave the first ever NVE flag to Lt. Cmdr Collin Bronson. I look forward to seeing the flag flying from the U.S. Coast Guard Cutter Sycamore!

The Cordova Times office moved to the Masonic Lodge and I attended the open house. The new space looks great. Come up and check out the archives and Alaska Press Club Awards on display.

Tribal Council met with Governor Bill Walker and Department of Fish and Game Commissioner Sam Cotten. We expressed our concerns regarding AD-F&G positions leaving Cordova and updated the Governor on NVE projects.

Elders & Youth conference and Alaska Federation of Natives begins October 15 and runs through the 20th.

As summer winds down, we are looking forward to the 25th Annual Sobriety Celebration, honoring veterans and the holiday season. Our Ikumat dancers have been invited to perform at Quayana night and plans to attend along with Tribal Council members.

Council has been reviewing the Forest Service plan revision and is meeting with the Chugach National Forest Supervisor, Terri Marceron, to go over the new plans.

Council continues to monitor progress on the Shepard Point oil spill response facility, summer progress has been toward final design activities.

I'm pleased to see that Tribal Youth Council is back after the summer break, any tribal youth in grade 7th to 12th is encouraged to attend meetings.

Our next tribal council meeting is 5 p.m. October 23 in the NVE boardroom. I encourage tribal members to come and learn about the great things NVE is doing.

*-Darrel Olsen,* Chairman  
Native Village of Eyak Tribal Council



Photo by Cinthia Gibbens-Stimson/The Cordova Times

# Congratulations CLASS OF 2018

**Cordova High School Tribal Member Graduates:**

*Ryleigh Jones and Marina Madison.*

**College Tribal Member Graduates:**

*James Allen and Elaina Allen.*



## Firewood for Elders

Now that the weather is cooling down, NVE's Tribal Public Works Department and the Elders Program are taking names to deliver firewood to elders.

**The two requirements  
you need to meet are:**

- You're an NVE Elder
- You have a working woodstove in your house

This program is available to help supplement your regular winter supply. If you are interested in signing up for firewood delivery, contact NVE's Tribal Public Works Project Coordinator Sean O'Brien or Elder Services Coordinator Jackie Ladd at 907-424-7738.



### EMPLOYMENT OPPORTUNITIES AT NVE

**View current available positions at**

**WWW.NVEYAK.COM/JOBS**

or call NVE's Human Resources Manager Denna Francischetti at

**907-424-7738**

Full job descriptions and applications are available at NVE's main office at 110 Nicholoff Way, online at [www.nveyak.com/jobs/](http://www.nveyak.com/jobs/) and on Facebook at <https://www.facebook.com/NativeVillageofEyak/>



Contact Jackie Ladd, Elder Services Coordinator at (907) 424-7738 for more info on Elder Services, activities, and events!



# BACKPACK BASH



NVE Tribal Family Services Director Katie Goodale greets tribal members at the Masonic Lodge as they arrive to pick up their new backpacks.



The Pallas Kids: Jacey, 14; Katie, 10; and Jaxon, 5.

*Photos by Emily Mesner*

<p><b>Low Bush Cranberry</b>                  gaasa 'GAdAtl' 'Ats' (Eyak)                  Dáxw (Tlingit)                  Keneqtaq (Alutiiq)</p>	<p><b>Fiddlehead Fern</b>                  Qaratagutaq (Alutiiq)      k'wály (Tlingit)</p>
<p><b>Salmonberry</b>                  G'a'ts'ya'la'mahd (Eyak)                  was'x'aan tléicú (Tlingit)                  Ulariq (Alutiiq)</p>	<p><b>Blueberry</b>                  cha'tl' (Eyak)                  kanat'á (Tlingit)                  Curaq (Alutiiq)</p>
<p><b>School</b>                  Qi'k'ud k'u'ulAdAga'g (Eyak)      Skulug (Alutiiq)</p>	<p><b>Fireweed</b>                  Cillqaqtaq (Alutiiq)      lóol (Tlingit)</p>

**T**he totals are in and the numbers are outstanding! Fifty children, pre-k through 12th grade, headed back to school with smiles on their faces and backpacks full of supplies thanks to Native Village of Eyak Tribal Family Services. Katie Goodale, Jessica Weaver, Belen Cook, Cheryl Eleshansky and Arissa Pearson helped each child pick out their backpack and school supplies at the Masonic Hall on Friday, August 17th. Tribal Elder Eva Hager was on the scene scooping blueberry aqutak and giving encouragement to the children as well. ■

Tribal Family Services can be reached at (907)-424-2232 or by emailing [katie.goodale@eyak-nsn.gov](mailto:katie.goodale@eyak-nsn.gov)



Tribal Elder Eva Hager dishes up blueberry aqutak.

## Moms, Pops and Tots!

AGES BIRTH TO 4 YEARS OLD

*Please join our playgroup! A place for children and parents to explore developmental issues and build on your child's strengths through large-motor skills play, small-motor skills play, pretend play and sensory play.*

**Mondays 10 a.m. to noon**  
**at the Masonic Lodge throughout the school year**

FOR MORE INFO, PLEASE CONTACT Katie Goodale at 424-2232



# YOUTH ACTIVITIES



## Miqwanwasaq Day Camp 2018

BY JESSICA WEAVER  
*Youth Activities Coordinator*

**M**any exciting adventures happened at camp this year. If you attended camp, here are a few things you would experience the kids doing. You would see the kids interacting with their Elders at Mummy Island and learning traditional crafts; some of these crafts were sewing, drum making and mask making. Some other activities that we did included plant identification, hiking, and playing in the sand! You would see community members sharing their skills; we had guests throughout camp to help us with jelly and pickled fish. The children also got involved in the community, helping make coasters for the Coast Guard Appreciation Luncheon and helped with the cemetery cleanup. Overall, if you were at camp with the kids you would see how camp is a great way for the kids to experience their culture and the great outdoors. I am already looking forward to Miqwanwasaq day camp 2019!

I personally want to thank my summer intern Ryleigh for her hard work this summer, and everyone who helped with camp. It couldn't be done without you. ■



Jessica Weaver can be reached at (907)-424-7903 or by emailing [jessica.weaver@eyak-nsn.gov](mailto:jessica.weaver@eyak-nsn.gov)



# ILANKA CULTURAL CENTER

## ILANKA CULTURAL CENTER



A native gift gallery, tribal repository and museum in Cordova, one of Alaska's ancient crossroads. Experience our culture: see totems, a full Orca whale skeleton, native exhibits including the Chugach mask returned to us from Paris by the Annenberg Foundation.

**LOCATED ACROSS FROM  
THE FISHERMAN'S  
MEMORIAL**

**Monday – Friday  
10 a.m. – 5 p.m.**

**ILANKA CULTURAL CENTER  
110 NICHOLOFF WAY  
CORDOVA, AK  
907-424-7903  
WWW.NVEYAK.COM**



## Spruceroot Gathering Class

Continued from the weaving class in February, Jennie Wheeler came from Yakutat in the end of April to gather here in Cordova while four of us went down to her in the end of May to gather there.

## Eyak River Fish Camp

The site has tent platforms, smoke house and storage shed and will be open again next spring for fishing reds on the Eyak River. It requires a federal subsistence permit or a state sports fishing permit to use. We are always looking for people who are willing to work at the fish camp, being available to take people down river, fish and possibly camp out.

## NAGPRA Committee

We are looking for tribal members to be part of our Native American Graves Protection and Repatriation Act Committee to help us bring home our ancestors who may be in museums across the country. Please contact Brooke Johnson if you are interested in learning more.





## Culture Week

Mt Eccles Culture Week is coming up October 1st–5th and we are looking for people who are interested in helping out. Please contact Brooke Johnson if you are interested in learning more.

## Ikamat Dance Group

Ikumat Dance Group will be performing at Qujana Night at AFN in Anchorage October 18.

## New Gift Shop Manager

Ilanka Cultural Center would like to welcome Tribal Member Audrey Cunningham as our new Gift Shop Manager. She is working on getting our online store created and running. We will also be offering free business seminars this winter to help our local small business people. Please contact Brooke Johnson if you are interested in learning more.

## Digital Kiosk Updates

Ilanka Cultural Center is working on a traditional names and story map to go on our digital kiosk in the museum. We are looking at meeting with our tribal members to hear stories and look at pictures for this project. If you are interested in helping out, please contact Brooke Johnson.

## Historic Preservation Grant

Native Village of Eyak was awarded the Historic Preservation Grant from the National Park Service to make traditional Qayaqs and a Palaaq (10 personal kayaks and 1 youth group canoe) this next year and we are looking for people interested in participating as well as a location to use this winter to build the boats. Please contact Brooke Johnson if interested. We are looking to start in November and have a finished boating trip next August. ■

## Museum & Gift Shop Hours

Monday- Friday 10:00 AM- 5:00 PM

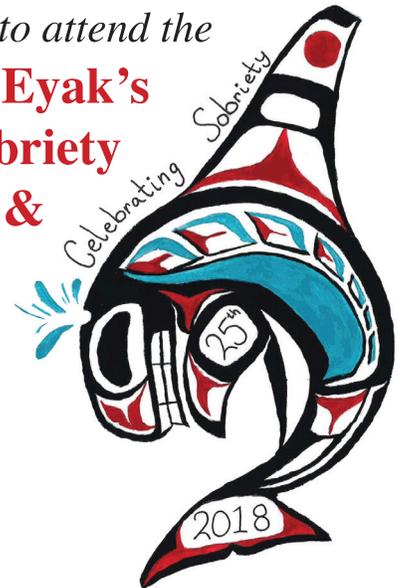
## Contact

Brooke Johnson  
Ilanka Cultural Center Director  
907 424-7903  
brooke.johnson@eyak-nsn.gov



You are cordially invited to attend the  
**Native Village of Eyak's  
25th Annual Sobriety  
Celebration &  
Memorial**

**November  
9-11, 2018  
in Cordova**



*“Celebrate Sobriety and the  
25th Annual Sobriety Celebration”*

Contact Belen Cook at (907) 424-7738 for more info  
Visit us at [eyak-nsn.gov](http://eyak-nsn.gov) or Facebook

## Tribal Court Judges Needed

The Native Village of Eyak Judicial Department is looking for a tribal member interested in becoming Tribal Court judge.

Core requirements include being an NVE tribal member over the age of 21 and a successful background check.

For more information about the application process, contact Tribal Judicial Systems Administrator Sarah Kathrein

**907-424-7880**

[sarah.kathrein@eyak-nsn.gov](mailto:sarah.kathrein@eyak-nsn.gov) or [courtclerk@eyak-nsn.gov](mailto:courtclerk@eyak-nsn.gov)





# COMMUNITY



All photos by Emily Mesner/The Cordova Times

Tribal Member and Chief Electricians Mate Donald Ladd holds his son, Sawyer Ladd, during NVE's U.S. Coast Guard Appreciation Luncheon at the Little Chapel on Friday, Sept. 14, 2018.

**Luncheon honors air station and Cutter Sycamore crews with raffle prizes, certificates and newly-adapted Sugpiaq word for Coast Guard: 'Imam Teggiistai'**

BY EMILY MESNER  
The Cordova Times

**R**ed, white and blue decorations on each table at the Little Chapel welcomed service members, families and the community on Sept. 14 to the Native Village of Eyak's fourth annual U.S. Coast Guard Appreciation Luncheon.

The patriotic color theme extended to Diane Ujioka's cakes, glistening in sunlight seeping through the windows, with blue and red berries accenting fluffy white frosting.

Crews from the U.S. Coast Guard Air Station Cordova and the U.S. Coast Guard Cutter Sycamore were honored at the event, which had guardsmen cheering and clapping as names were drawn periodically in a raffle for prizes donated by the community and businesses.

Guard members were also given certificates of appreciation from Cordova District Fishermen United, in thanks from the fleet, especially for their aid in search and rescue and navigation.

For the Sycamore Chief Electricians Mate and Tribal Member Donald Ladd, returning home to Cordova offers a way to help the community he was raised in.



Community and service members attend NVE's U.S. Coast Guard Appreciation Luncheon at the

Ladd has been a member of the Coast Guard for nearly 14 years, starting his career in Seattle and returning to serve in Cordova in 2011. After his billet was up, he left in 2014 to serve in Alameda, CA and San Juan, Puerto Rico. He returned this summer to serve another three-year billet in Cordova.

Belen Cook, coordinator for NVE's Sobriety Celebration and wellbeing, served as emcee for the luncheon.

"That's awesome and you're home-grown too!" she said laughing as Ladd approached the front with a winning raffle ticket, to collect gifts including a gift certificate from local food truck, Homegrown.

"...To see that appreciation; the love that the town does have for ... Coast

Guard and the support that's here, that's really neat to see," Ladd said.

Sarah Kathrein, Tribal Judicial Systems Administrator for NVE, was the luncheon's event organizer for the third consecutive year.

"If I had to host an event for NVE, this is the event I'd want to host," she said. "We always try to have it as close to Aug. 4 as possible because that's the Coast Guard's birthday."

Event planning began in July, which kept her busy seeking donations and collaborating on food and decorations, and more.

"I think it's actually just nice to give the Coast Guard the nod that they deserve in this community," Kathrein said. "They have an impact on every



Little Chapel on Friday, Sept. 14, 2018.



Belen Cook, left, and event organizer Sarah Kathrein, center, pull a raffle ticket winner for Mark Hoover's donation of a print of his photograph during NVE's U.S. Coast Guard Appreciation Luncheon.



Table decorations rest in the center of the table during NVE's U.S. Coast Guard Appreciation Luncheon at the Little Chapel.



Tribal Council Chairman Darrel Olsen presents Lt. Cmdr Collin Bronson, commander of the Sycamore, with a Native Village of Eyak flag.

aspect of the community and I think that we sometimes forget that. Cordova wouldn't be the same without them here."

Tribal Council Chairman Darrel Olsen presented Lt. Cmdr Collin Bronson, commander of the Sycamore, with a Native Village of Eyak flag, the first of its kind.

Shyla Krukoff gave a brief language lesson for the group of roughly 115, explaining how to say Coast Guard in Sugpiaq.

"Imam Teggiistai," she said slowly, repeating the pronunciation a few times. People in the audience listened intently and repeated the words back to her.

The word, pronounced, Ee-mum teg-geest-ai, was created just six weeks prior by a group of elders.

Imam means "ocean" while Teggiistai could possibly mean "watch over," Krukoff said. ■



Tribal Council Secretary/Treasurer Pam Smith attends NVE's U.S. Coast Guard Appreciation Luncheon at the Little Chapel on Friday, Sept. 14, 2018.



# DENR



Timber and spruce pole basket built by Bruce Cain in winter of 2018 for NVE's fishwheel #4.

## BY MATT PICHE

*Department of Environment & Natural Resources*

Every year since 2003, the Native Village of Eyak has collected data to estimate the annual inriver abundance of adult Copper River King salmon. Post season, the inriver abundance estimate is combined with harvest data to determine system-wide escapement and total run size. This project is an integral part of Copper River salmon management and is used by state and federal fishery managers for assessing the size and health of the population.

Beginning in early May, NVE biologists and fisheries technicians are deployed at two remote research sites on the Copper River. The first research site, Baird Camp, is located near Baird Canyon approximately 30 miles upriver of the Copper River Highway washout at 36-mile. The second research site, Canyon Creek Camp, is another 56 miles upriver of Baird Canyon, located just below Wood Canyon near the Village of Chitina.

Two fishwheels operate at each research site for capturing migrating adult King salmon. Captured fish are deposited into one of two 1100-gallon circulating livetanks. Escape panels (designed by Tribal Member Bill Webber) are located at the end of each livetank allowing small fish to escape (e.g. small red salmon) while retaining King salmon.

NVE's fishwheel #1 and fishwheel #2 operate on opposite river banks in Baird Canyon. The Canyon Creek Camp operates fishwheel #3 and fishwheel #4. Fishwheels #1, 2, and 3 are designed specifically for research and constructed of aluminum with three baskets each. The research style fishwheels



NVE Fishwheel #1 at Baird Canyon, Copper River

*All photos by NVE's DENR Department*



NVE Tribal youth visits Baird Canyon fishwheels in July 2017. The 2018 trip was cancelled due to dangerous river conditions.

are effective at fishing rock ledges, boulder banks, back eddy edges, and cliffs, where water depth quickly increases. Fishwheel #4 is a subsistence style fishwheel constructed of timber and spruce poles similar to traditional fishwheels used upriver but with four-baskets instead of two. The subsistence style

wheel is effective at fishing gravel bars and cutbanks and has the ability to dig into the gravel. Fishwheel #4 was originally designed and built in 2002 by Ahnta Tribal Member Johnny Goodlataw and Bruce Cain. In 2018, a new set of baskets for fishwheel #4 was built by Bruce Cain and Ahnta Tribal Members, with NVE project funds and a generous donation of time by Ahnta. The new baskets were transported from O'Brien Creek near Chitina to Canyon Creek Camp via river skiff on May 23, 2018 and operated flawlessly through the entire 2018 field season.

All four fishwheels operate continuously from river break up through the end of the King salmon run in July. The crews spend substantial amounts of time maintaining and adjusting the fishwheel as debris levels and discharge continually change in the highly dynamic Copper River.

All King salmon captured in Baird Canyon are tagged, measured, and released to continue their upriver migration. When these fish reach the upriver Canyon Creek fishwheels, a portion of the tagged King salmon and untagged King salmon are captured, examined for a tag, measured, marked, and again released. The ratio of tagged to untagged King salmon at the upriver research site provides a ratio which allows for an estimate of inriver King salmon abundance



NVE's fishwheel #4 being prepared for launch in May 2018.



Tagging a Copper River Chinook salmon with an external PIT tag and secondary mark (operculum hole punch).



NVE Tribal youth visits Baird Canyon fishwheels in July 2017. The 2018 trip was cancelled due to dangerous river conditions.

through Baird Canyon. The 2018 data is currently being reviewed by NVE biologists and an announcement of the 2018 Copper River King salmon abundance is anticipated in early October.

The Copper River Chinook (King) salmon monitoring program is an integral part of Copper River salmon management and is a prime example of tribal based fisheries research helping ensure a healthy King salmon run exists for future generations of Eyak tribal members. Hiring for the 2019 field season will begin with a job announcement

in December 2018. Please stop by the DENR office at NVE if you or someone you know has interest in working at the NVE camps for the summer of 2019; we would be happy to discuss details of the position and what the work entails. An elders/youth trip to Baird Camp is also planned for the 2019 season if you would like to visit the camps and see the fishwheels in action. For more information, feel free to contact NVE's Department of Natural Resources Coordinator Matt Piche at 907-424-2234 or email [matt.piche@eyaknsn.gov](mailto:matt.piche@eyaknsn.gov). ■



# ILANKA CLINIC

## ILANKA COMMUNITY HEALTH CENTER



# NURSE LINE

**Ilanka Clinic has professional nurses available outside clinic office hours to respond to your care needs and answer questions.**

***Please call 424-3622 and follow the prompts to reach a skilled nurse professional.***

### CLINIC HOURS

**8 a.m. to 5:30 p.m.  
Monday - Friday  
Saturdays  
10 a.m. to 2 p.m.**

CALL **907-424-3622**  
TO MAKE AN APPOINTMENT,  
**or stop by 705 Second St.**



PERSONALIZED QUALITY  
HEALTH CARE FOR THE  
ENTIRE COMMUNITY

## Ilanka Community Health Clinic *News*

### Flu News

Flu season is coming up. We are waiting on the arrival of this year's vaccines with an anticipated date of early October. Be on the lookout for an automatic call to let you know when they have arrived.

### Public Health Nurse Visits

The State of Alaska Public Health Nurse visits Cordova one week out of the month and works with our own Care Coordinator, Victoria Peterson, on one of those days to host Narcan Kit and Medication Disposal bags distribution. Exact dates for next visit to be announced.

### Medicare Help

We are also heading into Open Enrollment for Medicare Part D, which begins October 15th and ends December 7th. Patients can make changes to their coverage which includes upgrading from original Medicare to Medicare Advantage.

Medicare eligibility starts at age 65. Affordable Care Act enrollment begins in November. If you have questions, contact the clinic at 907-424-3622 and ask for Altana or Tiffany. Also, as a reminder, if you are travelling and experience a medical emergency, Purchased/Referred Care (ANMC) requires notification within 72 hours. Please call 1-800-478-6661 for more details.

### After hours nurse line

Along the lines of health care, Ilanka Clinic is also providing skilled nursing services for after hours. Call us at 907-424-3622 and follow the prompts to reach a licensed nurse. They will assist you in answering questions or determining if you need more advanced care.

### New items at the clinic

Ilanka now has the ability to test for lead in the blood. Residents of fishing communities are recommended to receive this test should they have exposure to lead through fishing, live in an older house that might have lead paint, etc. Testing for the presence of lead is especially important for young children. If your child hasn't had a Well Child Exam recently, or lead testing, we encourage you to schedule a visit.

You may have noticed a new comment/suggestion box in the waiting area. Please feel free to share your comments and suggestions, either by dropping a note in there or talking to staff. We value your opinion and want to ensure we are meeting your needs! ■



**RECIPE**

# Kale Citrus Salad

**BY THE PIONEER WOMAN**  
Ree Drummond

**Ingredients**

- 1 bunch Kale
- 2-3 tablespoons lemon juice
- ¼ cup red or yellow onions, chopped
- 2 tablespoons olive oil
- 1 orange, cubed
- ½ to 1 full avocado, mashed w/ lemon juice
- 5-8 dates, dried and chopped
- Pepper to taste
- ¼ cup toasted almonds

**To prepare:**

Toast almonds at 350°F until lightly toasted, about 5-10 minutes. Mash avocado, lemon juice, and olive oil together. De-vein kale and chop into bite-sized pieces. Combine kale and remaining ingredients. Toss kale mixture with avocado mixture and toss until well coated. Add almonds before serving. Enjoy!

**Find the video at:**

<https://www.foodnetwork.com/recipes/ree-drummond/kale-citrus-salad-2593844>

## Help with Medicare Costs

### Extra Help with Prescriptions (Part D)

Anyone on Medicare can enroll in a Part D Prescription Plan. Extra Help is a program that helps with your prescription drug plan costs. If you qualify, you can enroll in a Medicare Part D prescription plan anytime, or change your current plan.

*If you are on Medicaid, SSI, or get help from the Medicare Savings Program, you automatically qualify for extra help so no need apply.*

**Alaska 2018 Income Limits for Extra Help:**

**\$1,918/month (single)    \$2,593/month (couples)**

**Alaska 2018 Assets\* Limits for Extra Help**

**\$14,100 (single)    \$28,150 (couples)**

### How do I apply for Extra Help?

Apply online at [www.benefitscheckup.org/Alaska](http://www.benefitscheckup.org/Alaska) or call the Medicare Information Office at **1-800-478-6065**.

### The Medicare Savings Program

Another program that helps with Medicare costs is the Medicare Savings Program. You must be eligible for Medicare Part A (Hospital) to apply. This pays your Medicare Part B (Medical) premiums.

**Alaska 2018 Income Limits for MSP:**

**\$1,728/month (single)    \$2,336/month (couples)**

**Alaska 2018 Assets\* Limits for MSP:**

**\$7,560 (single)    \$11,340 (couples)**  
Income and Assets Limits can change each year.\*

### How do I apply for MSP?

To get the application for services, contact your local State of Alaska, Public Assistance Office or go online <http://dpaweb.hss.state.ak.us/e-forms/pdf/Gen50c.pdf>

\*Assets for Extra Help and MSP include your bank accounts and investment accounts.

DO NOT count the home you live in or the car you drive.  
All income limits include a \$20 monthly income disregard.\*



Alaska's Medicare Information Office can help you  
with either application **1-800-478-6065**  
Or in Anchorage **(907) 269-3680**.



LOCAL HELP FOR PEOPLE WITH MEDICARE

**In Cordova, contact Altana or Tiffany at Ilanka Community Health Center at 907-424-3622 or stop by 705 Second St.**



# PUBLIC WORKS

**Thank you summer visitors!**

*As of October 1, we will be closing for the season!*



## Eyak Inn

EyakInn.com • 907-424-2299 • 112 Nicholoff Way, Cordova

**HAVE A GREAT  
PICTURE?**

*Email your best photo  
of the week to*

**The Cordova Times**

**SHARE@THECORDOVATIMES.COM**  
(1MB OR LARGER .JPEG IS BEST)

*PLEASE INCLUDE: First & last names of anyone  
pictured, date, location, what is happening,  
and photographer's first & last name.*

**REACH US AT: 400 FIRST STREET, CORDOVA**

**907-424-2236** [www.thecordovetimes.com](http://www.thecordovetimes.com)

## Tribal Public Works Department

*What we do ...*

Provide opportunities for our tribal members via Grant funding from H.U.D (Housing and Urban Development) which are:

- **Home Rehabilitation Projects** via the Mini-Grant Program
- **Mold Remediation Program** for Mold effected household repair
- **College Student Housing Voucher Program** providing housing assistance for those seeking a higher education

## Other Current Projects

### Tribal Transportation Program:

- Road maintenance Hartney Bay Subdivision
- Shepard Point Deep Water Project
- **Collaborations with U.S.F.S:**
- Tribal Elders firewood
- Community purchase firewood

## Contract Tribal Public Works Department:

### Bert Adams

Tribal Public Works Director

### Sean O'Brien

Tribal Public Works Project Manager

PO BOX 1388 • 110 Nicholoff Way

Cordova, AK 99574

907-424-7738 Phone

## Prince William Marina

2.5 MILE WHITSHED RD. IN CORDOVA, AK

- Boat and locker storage
  - Travel lift
- Vessel weatherization
  - Oily rag disposal
  - And other services

**BOB LADD, MARINA MANAGER**

**907-253-4332**

EMAIL: [BOB.LADD@EYAK-NSN.GOV](mailto:BOB.LADD@EYAK-NSN.GOV)



Photo by NVE's CPA Kaaren Rowland  
Raven Story puppets made by Youth Activities  
Coordinator Jessica Weaver.



Sean O'Brien and his mother Margaret Olson fishing for silvers.

*Coho dreams flow down the winding river banks,  
carried away until another day.*

A POEM BY TRIBAL MEMBER AND TPW PROJECT MANAGER SEAN O'BRIEN



Tribal Council and staff met with  
Governor Bill Walker during his  
visit to Cordova on September 2  
to update him on NVE's projects  
and programs



The Native Village of Eyak  
would like to

# THANK OUR COMMUNITY AND SPONSORS for your participation in our 4th Annual US Coast Guard Appreciation Luncheon



Thank you again to our local **CGC Sycamore** and **Aviation Support** crews  
for all that you do for Cordova and Prince William Sound.



## Native Village of Eyak

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